Associate Professor of Psychology Stockton University

CONTACT INFORMATION

Stockton University*
101 Vera King Farris Drive
Galloway, NJ 08205

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EDUCATION

2004-2005 Geropsychology Fellowship, Center for Aging, University of Medicine and Dentistry

New Jersey-School of Osteopathic Medicine, Stratford, New Jersey

2004 Ph.D., Duke University, Durham, North Carolina, Clinical Psychology

2002-2003 Internship in Clinical Psychology, Montefiore Medical Center, Bronx, New York

2001 M.A., Duke University, Durham, North Carolina, Clinical Psychology

1998 B.A., Rutgers University, New Brunswick, New Jersey, Psychology and Sociology, with

Minor in Aging Studies

PROFESSIONAL LICENSE

2010-present Licensed Psychologist, New Jersey State Board of Psychological Examiners

TEACHING EXPERIENCE

Statistical Methods, Mental Health & Aging, Memoirs of Mental Illness, Abnormal Psychology, Aging & Society, Introduction to Gerontology, Mindfulness & End of Life

Care, Theories of Counseling

2008-2017 Program Coordinator, Gerontology Minor, Stockton University

2005-2010 **Assistant Professor**, The Richard Stockton College of New Jersey, Pomona, NJ:

Statistical Methods, Mental Health & Aging, Memoirs of Mental Illness, Abnormal

Psychology, Aging & Society

2004-2005 Psychology Fellow, University of Medicine and Dentistry of New Jersey-School of

Osteopathic Medicine, Stratford, NJ: Curriculum on mental status assessment to

medical students

2000, 2001 Duke University, Department of Psychology: Social and Health Sciences, Durham, NC:

Mental Health and Aging

ADMINISTRATIVE EXPERIENCE

2024-present	Director, Stockton C	Center on Successfu	il Aging (SCOSA)
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2020-2024 Assistant Director, Stockton Center on Successful Aging (SCOSA)

2017-2022 Convener of First-year Seminars

2015-16, 19-20 SCOSA Research Fellow

2008-2017 Coordinator of Gerontology Minor

2013-2014 SCOSA Education Fellow

2010-2017 First-year Seminar Advisory Council 2010-2014 Faculty Advisor, GEROS student club

^{*} Note: Richard Stockton College of New Jersey changed its name to Stockton University in March 2015.

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CLINICAL EXPERIENCE

2011-2020	Senior Psychologist, Bacharach Institute for Rehabilitation, Pomona, NJ
2009-2010	Volunteer psychologist, Bacharach Institute for Rehabilitation, Pomona, NJ
2004-2005	Psychology Fellow, UMDNJ-SOM, Stratford, NJ
2003-2004	License-eligible psychologist, Transitional Day Treatment Program, St. Luke's Roosevelt
	Hospital System, New York, NY
1999-2002	Duke University Psychology Clinic, Department of Psychology, Durham, NC
2000-2002	Neurocognitive Assessment Laboratory, Duke University Medical Center, Durham, NC
2000-2001	Behavior Research and Therapy Program, Duke University Medical Center, Durham, NC

Professional Service

2010- present	Reviewer, Aging & Mental Health
2014- present	Reviewer, The Gerontologist

2014- present Reviewer, Journal of Contemporary Psychotherapy

PROFESSIONAL ORGANIZATIONS AND AFFILIATIONS

1997- present	Member, Gerontological Society of America
1998-2009, 2019-present	Member, American Psychological Association
2008-2010	Vice President, Board of Trustees, CONTACT Cape-Atlantic
2007- 2008	Board Member-At-Large, CONTACT Cape-Atlantic
2007-2008	Co-Vice President, The Society on Aging of New Jersey
2004- 2014	Member, Psychologists in Long Term Care

RESEARCH AWARDS & GRANTS

Exte	rnal
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2022-present	Caregiver Support Group, SCOSA (\$25,000)
2011	The Horizon Foundation for New Jersey, Depression Screening Program (\$25,000)
2010	The Horizon Foundation for New Jersey, Depression Screening Program (\$25,000)
2008, 2009	Psi Chi National Honor Society, for Undergraduate Psychology Research Conference
2003	Dissertation Award, Behavioral and Social Sciences, Gerontological Society of America
2001	AARP/Andrus Foundation Dissertation Fellowship

PUBLICATIONS

Peer-reviewed - Stockton students in yellow

Fleck, J.I., Patel, P., Riley E. & Ferri, C.V. (2023) Mindset matters: contributions from grit and growth mindsets to successful aging, *Aging & Mental Health*, DOI: <u>10.1080/13607863.2023.2280626</u>.

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- **Ferri, C.V.,** Yang, K., Girgus, J.S., (2022). Predicting the gender difference in depression in older adults. *Aging & Mental Health*, https://doi.org/10.1080/13607863.2022.2084712
- Kalibatseva, Z., Arnold, M.S., Connelly K.E., Marotolli, M.L., Tomimnberg, J., Ferri, C.V. & Morell, N. (2021). Stigma towards eating disorders among attendees and non-attendees of outreach events. *International Journal of Psychological Studies*, 13(2), 14-19. DOI: 10.5539/ijps.v13n2p14
- Girgus, J.S., Yang, K., & **Ferri, C.V.** (2017). The gender difference in depression: are elderly women at greater risk for depression than elderly men? *Geriatrics*, *2*, 35.
- Spinella, M., Martino, S. **Ferri, C.** (2013). Mindfulness and addictive behaviors. *Journal of Behavioral Health*, *2*(1), 1-7.
- McGarigal, A., Jablonski, J., Ferri, C., Lester, D. (2009). Family moves and depression among Coast Guard wives. *Psychological Reports*, 105(3 Pt 1), 933-934.
- **Ferri, C.V.** & Pruchno, R.A. (2009). Quality of life in end-stage renal disease patient: Differences in patient and spouse perceptions. *Aging & Mental Health*, *13*(5), 706-714.
- **Ferri, C.V.** & Cox L. (2009). How much do social work students and older adults know about Medicare Part D? *Educational Gerontology*, *35*, 409-415.
- **Ferri, C.V.,** Gottesman, I., Pruchno, R.A. (2009). Successful aging: Definitions and subjective assessment according to older adults. *Clinical Gerontologist*, *32*, 379-388.
- Schmidt, K.S., Gallo, J.L., Ferri, C., Giovannetti, T., Sestito, N., Libon, D.J. & Schmidt, P.S. (2005). The neuropsychological profile of alcohol related dementia suggests cortical and subcortical pathology. *Dementia and Geriatric Cognitive Disorders*, 20, 286-291.
- Lynch, T.R., Morse, J.M., & Vitt, C.M. (2002). Dialectical behavior therapy for older adults. Behavior Therapist, 25(1), 7-10.
- Catellier, D.J., Conlisk, E.A., **Vitt, C.M**., Levin, K.S., Menon, M.P. & Upchurch, G.A. (2000). A Community-Based Pharmaceutical Care Program for the Elderly Reduces Emergency Room and Hospital Use. *North Carolina Medical Journal*, *61*, 99-103.
- Book Chapters / Encyclopedia Entries
- **Ferri, C.V.** (2006). Psychotherapy. In R. Schulz, L. Noelker, K. Rockwood, R. Sprott (Eds.) *Encyclopedia of Aging, Fourth Edition*. New York: Springer Publishing Company.
- Vitt, C.M., Edenfield, A., & Lynch, T.R. (2002). Depression. In D.J. Ekerdt, R.A. Applebaum, K.C. Holden, S.G. Post K. Rockwood, R. Schultz, R.L. Sprott, & P. Uhlenberg (Eds.) The MacMillan Encyclopedia of Aging. New York: MacMillan Reference USA.
- Lynch, T.R., & Vitt, C.M. (2002). Psychotherapy of depression and dysthymia. In D.Blazer, M. Abou-Saleh, & J.Copeland (Eds.) Principles and Practice of Geriatric Psychiatry-Second Edition.

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England: John Wiley & Sons, Ltd.

Non peer-reviewed / Book reviews

- **Ferri, C.V.** & Cox, L.A. (Fall, 2007). Knowledge about Medicare Part D. Psychologists in Long Term Care Newsletter, 21 (3), 7.
- Tartaro, C., Levy, M., Tang, C., Frank, M., & **Ferri, C**. (December, 2006). Preparing Jail Inmates for the Outside: Discharge Planning in Atlantic County, NJ. Corrections Today, 50-53.
- Ferri, C.V., Lynch, T.R. (2003). [Review of Assessing and Treating Late-Life Depression: A Casebook and Research Guide, Karel, M.J., Ogland-Hand.S., & Gatz, M.]. Clinical Gerontologist, 9, 1-2.
- **Vitt, C.M.** & Lynch, T.R. (2001). [Review of What Psychotherapists Should Know About Disability, Olkin, R.]. Journal of Psychosomatic Research, 51, 706.

PRESENTATIONS

National/Regional Professional Meetings – Stockton students in yellow

- Simmons, K., Hall, J.D., O'Donnell, H.K., Deblois, J.P., Tanner, B., **Ferri, C.** Zaharieva, D.P., Powell, R., & Corcoran, M.H. (June, 2023). A Novel Program to Help Teens Manage Type 1 Diabetes during Physical Activity—Diabetes Training Camp Teen Boot Camp. Poster presented at American Diabetes Association's 83rd Scientific Sessions, San Diego, California.
- **Ferri, C.V.**, Nhi Ho, V., & Quintana Godoy, K. (March, 2023) Current Attitudes about Psychological Treatment. Poster presented at Eastern Psychological Association, Boston, MA.
- Yang, K., **Ferri, C.V.**, Girgus, J.S. (June, 2020). Psychosocial Mediators of the Gender Difference in Depression in Older Adults. Eastern Psychological Association, Virtual Conference.
- **Ferri, C.V.** (February, 2020) Growth Mindset Intervention with First-year College Students. Presentation at 39th Annual Conference on the First-year Experience, Washington, D.C.
- **Ferri, C.V.**, Powell, R., Corcoran, M. (August, 2018). Diabetes Training Camp: Psychosocial and Behavioral Outcomes. Annual Meeting of the American Association of Diabetes Educators. Baltimore, MD.
- Girgus, J. S., Yang, K., & **Ferri, C. V.** (March, 2018). What do we know (and not know) about the gender difference in depression in old age? National Academy of Sciences Workshop on Women's Mental Health across the Life Course through a Sex-Gender Lens, Washington, DC.
- Yang, K., Ferri, C. V., & Girgus, J. S. (March, 2018). The gender difference in depression: Are elderly

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women at greater risk for depression than elderly men? Paper presented at the Association for Women in Psychology Annual Conference, Philadelphia, PA.

- Yang, K., **Ferri, C. V.,** & Girgus, J. S. (March, 2018). The gender difference in depression in older adults: A review. Paper presented at the Eastern Psychological Association Meeting, Philadelphia, PA.
- **Ferri, C.V.** (March, 2015). Depression screening: Turning education into action. Presentation at the Annual Meeting of the American Society on Aging. Chicago, IL.
- **Ferri, C.V.** & Gayda-Chelder, C. (March, 2015). Mental health screening with older adults. Presentation at the Eastern Psychological Association Meeting, Philadelphia, PA.
- **Ferri, C.V.** (February, 2013). Charting gerontology courses as general education: Knowing the ropes of getting courses approved. Workshop presentation at the Annual Meeting of the Association for Gerontology in Higher Education, St. Petersburg, FL.
- **Ferri, C.V**. (February, 2012). Assessment of student learning: Reading and Understanding Research. Paper presentation at the Annual Meeting of the Association for Gerontology in Higher Education, Washington, DC.
- Cronin, M. & Ferri C.V. (February, 2009). Student involvement in preparing older persons for disaster. Poster presented at the Annual Meeting of the Association for Gerontology in Higher Education, San Antonio, TX.
- **Ferri, C.V.**, Brill, J.E. & Pruchno, R.A. (November, 2008). Psychosocial advantage in older adult volunteers. Poster presented at the Annual Meeting of the Gerontological Society of America, National Harbor, MD.
- Spinella, M., Ferri, C.V., & Martino, S.M. (August, 2008). Mindfulness and addictive behaviors. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Elmore, E. & **Ferri, C.V.** (February, 2008). Using blended technology and pedagogy with collaborative teaching and learning to promote the disciplinary convergence of gerontology and geriatrics education. Presented at the Annual Meeting of the Association for Gerontology in Higher Education, Baltimore, MD.
- **Ferri, C.V**. & Cox, L. (November, 2007). Knowledge about Medicare Part D in social work students and older adults. Poster presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Martino, S.M, **Ferri, C.V**., Spinella, M., Pomarico, A. & Pirozzi, J. (August, 2007). Life, sunsets and my bed: Gender differences in gratitude. Presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.

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- Tartaro, C., Levy, M., Tang, C., Ferri, C., Frank, M. (March, 2006). The effectiveness of a jail-based transition planning program in reducing recidivism. Presented at the Annual Meeting of the Academy of Criminal Justice Sciences, Seattle, WA.
- **Ferri, C.**, Corso, L.A., Pruchno, R.A. (November, 2006). Couples coping with end-stage renal disease. Poster presented at the annual meeting of the Gerontological Society of America, Dallas, TX.
- Gallo, J.L., Schmidt, K.S., **Ferri, C.,** Sestito, N., Lieto, J., Gekhman, L., Tuppo, E., Chopra, A., Seeger, T. (June, 2006). A new clinical rating scale to assess behavioral and psychological symptoms in dementia: The Behavioral and Psychological Assessment of Dementia (BPAD). Poster presented at the annual meeting of the American Academy of Clinical Neuropsychology in Philadelphia, PA.
- Schmidt, K.S., Gallo, J.L., **Ferri, C.**, Sestito, N., Giovannetti, T., & Libon, D.J. (February, 2005). The neuropsychological profile of Alcohol-Related Dementia suggests both cortical and subcortical pathology. Poster presented at the annual meeting of the International Neuropsychological Society in St. Louis, MO.
- Gallo, J.L., Schmidt, K.S., **Ferri, C**., Sestito, N., & Libon, D.J., (February, 2005). Behavioral and psychological symptoms in Alcohol-Related Dementia. Poster presented at the annual meeting of the International Neuropsychological Society in St. Louis, MO.
- **Ferri, C.V**. (November, 2003). Psychosocial talk in geriatric medical encounters: The impact of physician validation, physician dominance and companion presence. Poster presented at the annual meeting of the Gerontological Society of America, San Diego, CA.
- Morse, J.Q., Ferri, C.V., Strauss, J., & Lynch, T.R. (November, 2002). Selection bias in studies of late-life depression: Is there any? Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.
- **Vitt, C.M**. (May, 2001). Psychosocial talk in geriatric medical encounters: The impact of physician validation, physician dominance, and the presence of a companion. Poster presented at Exploring Older Patient Encounters with Health Care Providers: Innovations in Research, Practice and Education, St. Louis, MO.
- Zucker, N., Vitt, C.M., Morse, J.Q. & Lynch T.R. (November, 2000). Associated features of traumatic grief among the elderly. Poster presented at the annual meeting of the Gerontological Society of America, Washington, DC.
- Vitt, C.M, Idler, E., Leventhal, H., & Leventhal, E. (November, 1999). Attitudes toward treatment & help seeking preferences for depression in an elderly sample. Poster presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
- Lynch, T.R., Compton, S., Vitt, C.M., Hays J. & George, L. (November, 1999) Effects of social support on longevity of remission in depressed elderly. Poster presented at the annual

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meeting of the Gerontological Society of America, San Francisco, CA

Local/Regional Professional Meetings and Community Presentations

- Ferri, C.V. (October 2019). Caregiver Strength. Invited presentation at Cape May County Disabilities Day. CMC Special Services School, Cape May Court House, NJ.
- Ferri C.V. (July 2016, August 2016). Let your imagination soar: Start telling stories. Community presentation at Woodview Estates Assisted Living, Kramer Hall, Hammonton
- **Ferri, C.V.** (January, 2016; August 2016). Sharing across generations: SCOSA's Intergenerational service project. Community presentation at Woodview Estates Assisted Living, Kramer Hall, Hammonton.
- **Ferri, C.V.**, Quartullo, N. & Romer, D. (2015). Daily journals of a woman with dementia. Presentation at the Stockton University Annual Day of Scholarship, Galloway, NJ.
- **Ferri, C.V. (July, 2014).** Participant in Roundtable Discussion on the outmigration of baby boomers from New Jersey. Kean University Center for History Politics and Policy.
- **Ferri, C.V.** & Burdick, D. (2013). Staying engaged: Developing innovative program for retiring faculty members. Presentation at the Stockton College Annual Day of Scholarship, Pomona, NJ.
- **Ferri, C.V.** (June October 2010, June October 2011) Depression Screening Project. Presentations at 17 local senior centers over two years.
- **Ferri, C.V.**, Berrios, L. (March, 2012) Depression Screening Project. Presentation at the Richard Stockton College Day of Scholarship, Pomona, NJ.
- **Ferri, C.V**. (September 2010) Treating Late-Life Depression: Rewards and Challenges. Presentation for continuing education credits for the Stockton Center on Successful Aging, Galloway, NJ.
- Hood, C., **Ferri, C.V.,** Sowers, L., & Holtzman, D. (March, 2008). Using iMovie in the classroom. Presentation at the Stockton College Day of Scholarship, Pomona, NJ.
- Martino, S., **Ferri, C.,** Spinella, M. & Pomarico, A. (April, 2006). Life, sunsets and my bed: Gender differences in gratitude. Mid-Atlantic Women's Studies Association Conference at Bucks County Community College, Newtown, PA.
- Tartaro, C., Ferri, C., Levy, M. P., Tang, C., & Frank, M. (June, 2006). The Atlantic County Jail under the microscope: Is discharge planning really working? Incarceration to Self-Sufficiency Conference at The Richard Stockton College of NJ, Pomona, NJ.

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Vitt, C.M. (September, 2001). Dialectical behavior therapy for older adults. Presentation at the Commonwealth of Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services, Older Person's Division, Annual Meeting, Williamsburg, VA.