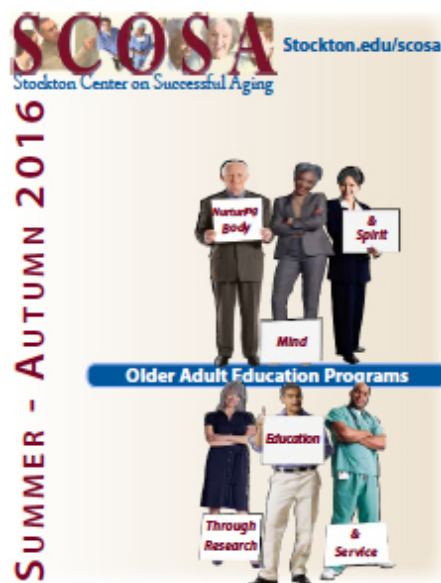




SCOSA News & Upcoming Events



Access the [online version](#).

Adult Education Calendar October 2016

Tue, October 4, 9:30-10:30am
[Continue to Live Independently - Age in Place](#)

Galloway Senior Center

Wed, October 5, 1-3pm
[Medicaid Planning: Common Medicaid Mistakes and How to Avoid Them](#)
Woodview Estates

Sat, October 8, 11am-1pm
[A Tour of Poetry for Seniors](#)
Otto Bruyns Public Library of Northfield

Thu, October 13, 10am-12pm
[LGBTQ Intergenerational Group](#)
Manahawkin Instructional Site

Thu, October 13, 11am-12pm
[Laughter is the Best Medicine](#)
Hammonton Canoe Club Senior Center

SCOSA Updates

Join Team SCOSA for the 2016 Walk to End Alzheimer's October 9 2016, Atlantic City Boardwalk

Please mark your calendars and plan to join a team, participate, and/or donate to this worthy cause. Again this year SCOSA will sponsor a team led by our Service Chair, Dr. Christine Gayda-Chelder. Last year SCOSA/Stockton was honored in the College/University category and we hope we can do even better this year. To join our team, support one of our members, or make a donation please [click here](#). For additional event details [click here](#).

State Issues New Jersey Alzheimer's Study Commission Report: SCOSA & SCCE Contributions Acknowledged

The New Jersey Department of State recently released the Alzheimer's Study Commission Report and submitted it to the governor and legislature. SCOSA director Dave Burdick and intern Rich Jeffries, SCCE Executive Director Awilda Colon and student fellow Lidia Martinez, and Stockton computer systems training specialist Roberto Castillo are acknowledged on page 10 of the report for their assistance in creating an online survey of caregivers (and a Spanish language version). [Click here](#) to view the entire report.

Parking Pass Update

Stockton's new Parking Permit regulations have changed slightly since our [September E-News](#). Thanks to input from SCOSA and others, the hours when permits (permanent or temporary) must be displayed have been reduced to between 8:30 and 3:30pm on Monday through Thursday, and between 8:30am and 2:30pm on Fridays. This makes attendance at the many 4:30pm meetings on Tuesdays and Thursdays much easier and allows us to better welcome outside groups on Friday afternoons when the lots are generally less crowded. The Parking Office has also issued temporary passes to SCOSA for distribution to our Pickleball players (as noted in the sidebar to the left). For full guidelines, go to www.stockton.edu/parking.

Webinars for Professionals, Faculty/Staff, and Students

Through SCOSA's membership in the American Society on Aging, we are pleased to announce continuation/expansion of our presentation of ASA Webinars during the Fall Semester. The programs, free-of-charge to participants, run from 1:00-2:00 pm in Campus Center Meeting Room One. To register please e-mail Mico.Lucide@stockton.edu, providing your full contact information, indicating which program(s) you plan to attend and whether you need him to e-mail you a temporary parking pass. For additional details on each program, please [click here](#).

* Wednesday October 6: Supporting Families through Hospice and Palliative Care

* Thursday October 13: It Takes a Community: Population Health Management for Members with Chronic Conditions and Functional Needs.

* Wednesday October 19: Area Agencies on Aging & Hospitals: Partnerships Toward Common Goals.

SCOSA Winds of Change October Update

Fri, October 14, 12-1:30pm & 1:30-3pm
[Beginner Card Making Class](#)
Manahawkin Instructional Site

Fri, October 14, 1-2pm
[Come & Dance](#)
Stockton Dance Studio (H104) - Parking Permit Provided

Sat, October 15, 10:30am-12:30pm
Time to Tell - Creative Writing
Workshop: [Tapping the Source: Exploring Our Wounds, Trusting Our Wisdom](#)
Stockton Campus Center Room 1 (No Parking Permit Needed)

Fri, October 21, 10am-12pm
[Brown Bag Christmas Scrapbook Project](#)
Manahawkin Instructional Site

Fri, October 21 & 28, 12-2pm
[Time to Create Art: One-Stroke Painting Sunflower Platter](#)
Manahawkin Instructional Site

Sat, October 22, 10am-12pm
[Learn Basketry, Experience Local History & Culinary Delights](#) - Apple Cider Doughnut Basket
Swan Bay Folk Art Center

SCOSA Pickleball Schedule

Pickleball Play Dates for October:
October 3rd, 5th, 12th, 17th, 19th, 24th, 26th, and 31st are the October dates for our older adult Pickleball play. The two courts are available from 8:00-10:00am on these Mondays and Wednesdays in the Stockton Sports Center: Note that pre-registration is required and you will need to display a parking permit on your dashboard. Temporary permits were e-mailed to all registrants on 9/10/16. Please [click here](#) for complete details and the registration link. You will be contacted with details and parking permit.

As reported in September E-News, as we move into the Fall Semester, SCOSA is considering new programming opportunities and funding sources and preparing for some changes to our staffing.

To help us with these projects and through our transitions, we are happy to report that Mr. Mico Lucide, ('15 Political Science/Pre-Law), was recently transferred to SCOSA on a part-time, temporary basis to help us during the Fall Semester. Mico has experience with grant and report writing, database management, and project management/development, in part, through past work in the President's Office, the Hughes Center/Polling Institute, the Office of Service Learning, and most recently in the Counseling Center/Women's, Gender and Sexuality Center. He has served as Advisor to Stockton's Alpha Phi Omega National Service Fraternity Chapter and to Stockton's Pride Alliance. As a student he was founder of ACE (Alliance for Civic Engagement) and on the National Student Advisory Board for the American Democracy Project, a project of the American Association of State Colleges and Universities. He can be reached at Mico.Lucide@stockton.edu.

Moving forward, we await notice on a funding request to expand our Ocean County Older Adult Education Program, the Stockton Federation of Teachers is considering a proposal to negotiate with Stockton University for course releases for our currently volunteer chairs of Research, Education, and Service, we submitted an application to the provost for three Faculty Fellows for FY18, and are preparing a 2020 Engagement proposal to work more effectively with the Stockton University Retirees Association (SURA) and encourage community engagement by all elders.

We also seek volunteers who would like to present their hobbies, interests, and expertise in our 2017 older adult education programs, and other volunteers to help us celebrate our 10th Anniversary. And, we would like to develop some intergenerational programming with Stockton undergraduates to promote environmental sustainability. Please send a brief e-mail to david.burdick@stockton.edu to express your interest in any of these opportunities. Watch this column for updates in November.

Positive Attitudes... Successful Aging

Having a positive attitude about aging makes older adults more resilient when faced with stressful situations - according to a new study. In their recent weekly conversation, WHYY's behavioral health reporter Maiken Scott and psychologist Dan Gottlieb discuss the findings. [Click here](#) to hear this 5 minute segment. [Click here](#) to view SCOSA's 2012 Panel Discussion on Nurturing Successful Aging, hosted by Dr. Gottlieb.

Programs Sponsored by Others at Stockton

Helping Others Helps You, Too!

Stockton Cares: SCCE Monthly Food Drive

Evidence is also quite clear that 'meaning in life' via helping others in need is a good catalyst for successful aging. The Stockton Center for Community Engagement ([SCCE](#)) holds a monthly food drive on the third Thursday of each month when school is in session, from 9am – 2pm in Campus Center Meeting Room 4. If you would like to bring in non-perishable food donations, there are temporary 15 minute parking spots directly in front of the campus center. Meeting Room 4 is at the end of the hallway to your left as you enter the Campus Center. For details on what's being collected and other information please [click here](#).

Stockton Center for Civic Engagement Hosts Session for Hearing, Vision Impaired

On Tuesday, September 27, the Stockton Center for Community Engagement, in conjunction with the New Jersey Office of the Attorney General, Division on Civil Rights, will host Know Your Rights!: Providing Reasonable Accommodations for the Deaf, Hard of Hearing & Deaf-Blind Communities. The seminar, which will run in the Campus Center Event Room from 6:00 to 9:00 PM, includes presentations from officials with the Attorney General, New Jersey Hospital Association, New Jersey Board of Examiners, Disability Rights, and New Jersey Department of Education. On-site registration begins at 5:45 PM. For more information go to www.stockton.edu/scce.

A Time for Change: Civil Rights in South Jersey

A new exhibit that profiles the historic roles played by our region in the struggle for African-American Civil Rights comes to the Bjork Library on the Stockton main campus on October 4 and runs through December 15. Previously on display at the Noyes Arts Garage, the exhibit was funded by the New Jersey Council for the Humanities and Stockton 2020 funds, with additional support from the Stockton schools of General Studies and Arts and Humanities.

Stockton's Kramer Hall in Hammonton: Lunch and Learn on "Breast Health: More Important as We Age"

The event, co-hosted with AtlantiCare, is on Wednesday, October 5th from 12:00pm until 1:00pm. Rita Battaglini, AtlantiCare Breast Oncology Nurse Coordinator, will discuss breast cancer basics and the importance of breast health screenings and mammogram follow-ups. Lunch will be provided. Seating is limited. RSVP to ginna.petrillo@stockton.edu.

Targeting Stigma: On October 6th from 6:00 to 8:00p.m. in the Campus Center Theater, the Stockton Drama Club will perform "Targeting Stigma: Stories of anonymous Stockton University veterans on service, war, and coming home." The monologues will be read by Stockton's Drama Club members. Tickets are free and can be picked up at the Campus Center Info booth during the week leading up to the event. This program is for mature audiences only and would not be appropriate for children. For information, contact Karen Matzinger, Assistant Director of Counseling Services for Veterans at (609) 652-4722 or Karen.Matzinger@stockton.edu.

Stockton's Manahawkin Instructional Site is cohosting with the Sara and Sam Schoffer

Holocaust Resource Center "Drawing Against Oblivion: Portraits of Children of the Holocaust" on Friday, October 7th at 12:00noon. For additional information click on [FLYER](#). Stockton alumna and curator of this exhibit Andrea Heymann will discuss the art exhibition that will be displayed on Stockton's Main Campus through November 13th. She will also discuss its importance to those who live in this area. Seating is limited. RSVP to 609-626-3883.

Stockton's Kramer Hall in Hammonton: Moon, Love & Harvest: A Celebration of Mid-Autumn Festival On Tuesday, October 11th from 12:00pm until 2:00pm, Kramer Hall lets you experience the Atlantic Chinese Community Song and Dance Group and Stockton students as they showcase Chinese culture in this unique, festive and educational event, celebrating a very traditional Chinese holiday: Mid-Autumn Festival. For more information contact ginna.petrillo@stockton.edu.

Stockton University's Fall 2016 Writer in Residence: Dr. Akhil Katyal

Dr. Akhil Katyal, a poet and translator from India, will be Stockton's Fall 2016 International Writer-in-Residence. Dr. Katyal's poems touch on human rights themes such as LGBTQ issues, caste-ism, labor organizing, the Holocaust, and war and exile, as well as love and loss. His most recent book of poems, *Night Charge Extra* (2015), was shortlisted for the Muse India Satish Verma Young Writer Award. In 2014, the Columbia University Global Centre in France and *The Caravan Magazine* selected him as one of the five best emerging writers in India. He teaches literature and creative writing at Shiv Nadar University, near New Delhi. His upcoming events:

* **A poetry reading on Monday, November 14, 2016, at 7 pm in the Board Room of the Campus Center Event Room.** Presented by ARHU's Visiting Writers Series.

* **A lecture, "Shahid, Sexuality, Silence," on the life and work of Kashmiri-American poet Agha Shahid Ali on Wednesday, November 16, 2016, at 3:30 pm in Room L-112.** Presented by ARHU's Why the Humanities Matter series.

Both events are free and open to the public.

Our Community Partners

Contact Cape Atlantic 2nd Annual Paint and Sip

Thursday, October 20, 6 pm to 9 pm at the Paint Happy Studio, 112 Woodland Avenue, Somers Point. Tickets: \$45 and include guided instruction, painting supplies, wine and light refreshments. Participants will have the choice of painting a wine glass or a candy jar, which are included in registration. Space is limited to 36 participants. Register at: www.contactcapeatlantic.org or call (609) 823-1850. This event helps continue daily telephone reassurance calls to more than 250 elderly and disabled.

Cape Atlantic Caregiver's Coalition 2nd Annual "We Care Because You Care" Event

Cape Atlantic Caregiver's Coalition is hosting the second annual "We Care Because You Care" Event, on Thursday, November 10, 2016 from 9:30am until 12:30pm at The Atrium in the Cornerstone Commerce Center, 1201 New Road, Linwood, New Jersey 08221. The event is free and open to any and all caregivers! Sponsors and vendors are being sought for the event. For more information, please email cmiller@mhanj.org.



Some of the older adult programs offered by SCOSA are partially funded under Title III of the Older Americans Act of 1965, as amended, through a grant by the Division of Intergenerational Services, Atlantic County, New Jersey. You may make voluntary donations to SCOSA. Such donations are not a fee and are not required. Any donations received will be used to develop and operate future programs. If you wish to donate directly to SCOSA please make your checks payable to SCOSA and send them to: SCOSA/SOBL, Stockton University, 101 Vera King Farris Drive, Galloway, NJ 08205-9441.

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Arts & Humanities on [Facebook](#) and on [Youtube](#), [Performing Arts Center](#), [Holocaust](#)

[Resource Center](#), [Art Gallery](#), [Veteran Affairs](#), [BayAtlanticSymphony.org](#), [Carnegie Center](#), [Atlantic City](#), [Manahawkin Instructional](#)

[Site](#), [Kramer Hall](#), [Hammonton](#), [Anne Azeez Hall](#), [Woodbine](#), [The Noyes Museum of Art](#)

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