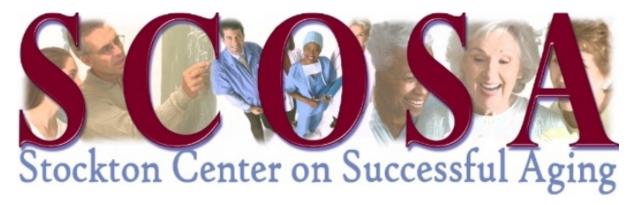
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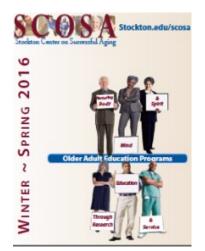
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# SCOSA News & Upcoming Events



Access the online version.

### **Adult Education Calendar May 2016**

Wed, June 1, 1-3pm Social Security - What You Need to Know to Maximize Your Retirement Income

Woodview Estates

Thu, June 2 & 30, 12-1:30pm & 1:30-3pm

Beginner Card Making Class
Manahawkin Instructional Site

Wed, June 8 & 15, 10am-12pm One Stroke Painting June Project: Birdhouse

Manahawkin Instructional Site

### **SCOSA Updates**

# SCOSA Festival, Stockton Retiree Breakfast: Great Sessions, Turn-Out and Weather!

Early in the day, SCOSA and Stockton's Office of Human Resources cosponsored a breakfast meeting of the new Stockton University Retirees Association (SURA) at which the <u>first officers</u> of the association were elected. Peg Fiore (Stockton Foundation - Development) and Kathy Franzeses (Human Resources) will serve as SURA Co-Chairs; Diana Meischker (Performing Arts Center) will serve as SURA Secretary/Treasurer. SCOSA looks forward to our continued working relationship with SURA and HR in sponsoring programs for and with Stockton's growing number of retirees.

SURA, SCOSA, HR and the Stockton Center for Community Engagement collaborated to collect 275 items and about 280 pounds of non-perishable food at SCOSA's registration desk. Thanks to Askhia Khawaja, SCCE Student Fellow for coordinating SCOSA Volunteers and members of Professor Kim Furphy's Occupational Therapy class in sorting and packaging the food, for delivery by Stockton Plant Management staff to the St. Vincent DePaul Society Food Pantry at Assumption Roman Catholic Church in Galloway. The pantry was empty, so our timing was perfect! Collecting food is a natural extension of the university's mission to serve, so we thank everyone for their contributions.

Thu, June 9, 1-3pm

<u>LGBTQ Intergenerational Group</u>

Manahawkin Instructional Site

Fri, June 10, 10:30-11:30am <u>Laughter is the Best Medicine</u> Brigantine Senior Center

Sat, June 11, 10am-12pm
<u>Learn Basketry, Experience Local</u>
<u>History & Culinary Delights</u> - Cookie
Basket
Swan Bay Folk Art Center

Tue, June 14, 2-3pm

<u>Continue to Live Independently - Age</u>
<u>in Place</u>

Village Grande at Little Mill

Wed, June 15, 2-4pm Journeys in Film: He Named Me Malala

Manahawkin Instructional Site

Sat, June 18, 10:30am-12:30pm
Time to Tell - Creative Writing
Workshop: <u>Tapping the Source:</u>
<u>Exploring Our Wounds, Trusting Our Wisdom</u>
Stockton Campus Center Room 1

Mon, June 20, 2-3pm

Pure German Art vs. Degenerate Art:

A Lecture

Manahawkin Instructional Site

Wed, June 29, 2-4pm The Golden Age of Hollywood: The Musical Film

Manahawkin Instructional Site

#### SCOSA Launches Pickleball with Stockton Athletics & Recreation

Stockton's provision of space in the Sports Center for two Pickleball courts was officially started during our May 19th Festival. Seasoned Pickleball players, who've been trekking to Cape May County and other venues, expressed their gratitude for the opportunity to play at Stockton. Over sixty people attended a morning information session in the Campus Center before heading to the Sports Center where experienced "Pickleballers" and interested new folks played or observed. Dr. Lisa Cox (Professor of Social Work & Gerontology and SCOSA Research Chair) introduced the crowd to Jonathan Heck, Stockton's Director of Athletics Operations. They discussed registration and play procedures; provided nets and equipment for beginners, and shared the initial schedule.

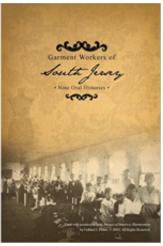
Kickoff Day on May 25th from 8:00 AM – 10:00 AM will be followed by Pickleball play on Mondays and Wednesdays (except holidays and pre-scheduled student events) from 8-10:00 AM. The open dates between now and July 6th are as follows: June 1, 6, 8, 13, and 15 and July 6th. Pickleball is not available all other dates. The schedule after July 6th will be posted on the SCOSA web-site and/or in e-mail to registered participants. <a href="IMPORTANT: All players MUST">IMPORTANT: All players MUST</a> be on the SCOSA list to be admitted to the Sports Complex for play. To sign up "Click Here", enter your complete contact information and select "Pickleball" as an interest on the SCOSA form. You must also click to agree to receive SCOSA's monthly E-News and other occasional mailings in order to be added to the Pickleball list.

#### Recently Approved SCOSA Faculty Research Scholar Projects

Stockton University Provost Susan Davenport recently approved the recommendations for funding of faculty projects related to aging submitted to her by a SCOSA Selection Committee. The projects will occur between July 2016 and June 2017 and include:

- Exploring Community Impact on Senior Disengagement, Resiliency, and Generalized Self-Efficacy. Jessica Bonnan-White, Ph.D., Assistant Professor of Criminal Justice.
- Outcomes Resulting from the Use of Safety Cues in Geriatric TBI and CVA Populations. Stacy Cassel, Ph.D., Assistant Professor of Communications Disorders
- A Tour of Poetry: Sustaining a Creative Outlet for South Jersey's Older Adults. Emari DiGiorgio, MFA, Associate Professor of Writing.
- Monthly Fabric Art Classes: Impact on the Well-Being of Chinese Seniors in Atlantic City. Amy Yingyi Situ-Liu, Ph.D., Associate Professor of Criminal Justice.

The selection committee was comprised of David Burdick, SCOSA Director and Professor of Psychology; Lisa Cox, SCOSA Research Chair and Associate Professor of Social Work and Kim Furphy, Associate Professor and Chair, Occupational Therapy, and former SCOSA Fellow. The SCOSA Faculty Research Scholar Program, funded by Stockton's Division of Academic Affairs, is designed to encourage research, scholarship, and creative projects by members of the Stockton Faculty. For a full list of current and past SCOSA Research Scholars and SCOSA Fellows, visit "Research" at stockton.edu/scosa.



Lisa Cox's 2016 Research Scholar Project has led to a new book on "Garment Workers of South Jersey". Available online at Amazon.

Nine oral histories collected from members of the garment industry in Southern New Jersey, particularly the Town of Hammonton, New Jersey have been published in a book that was featured at SCOSA's recent Festival.

The garment industry was an important component of the South Jersey economy throughout much of the twentieth century, especially in the Town of Hammonton, New Jersey. Collected here are informative interviews with nine former garment workers or their family members. Their stories describe a way of life that balanced hard work in the factories with the demands of a caring

home life. Here are the words of skilled craftspeople who took pride in their work, their families, and ultimately the lives that they led.

The book's editors were Lisa Cox, Patricia Martinelli, Christina Birchler, Kristina Boyer and Tom Kinsella. The nine storytellers included Concetta Bailley, Sally Cappuccio-Pietrofitta, Lucy Curcio, Evelyn Kanjarski, Susan Fognano, France Fiori Gherardi, Anne Liberto, Gertrude Presti and Mary Scarduzio.

Paperback: 86 pages

Publisher: South Jersey Culture & History Center (May 12, 2016)

Language: English ISBN-10: 0988873184 ISBN-13: 978-0988873186

#### **SCOSA Partner Updates**

# SCOSA Festival Sponsor Launches Connections Resource Hub in Ocean City:

The Shores and Wesley by the Bay have teamed up to create a resource hub for seniors within the community. This resource hub, entitled Connections, will take place every first and third Wednesday of the month from 10 AM to 2 PM. There will be a wide variety of educational presentations as well as a robust activity schedule to keep everyone engaged throughout the day. Connections will open to the public for the first time on June 1st. It will take place at The Shores, 2201 Bay Avenue, Ocean City, NJ. The day will start off with a 'resource hour' along with welcomes and refreshments. Next, Cape Assist will lead a presentation about Pharmaceutical Assistance to the Aged and Disabled (PAAD). There will be a lunch break afterward. A relaxing and inspiring painting seminar will follow lunch. Attendees are also welcome to attend church services at 3:00 PM. Call today, 609-399-8505, for more details. All are welcome to come to this new and exciting event!

## **Annual South Jersey Dementia Conference**

The Alzheimer's Association Delaware Valley Chapter presents its annual conference on Monday, June 6, 2016 at the Crowne Plaza in Cherry Hill, NJ. The program features Keynote Presenter Tam Cummings, Ph.D., author, gerontologist, and internationally recognized educator. Join the Association for a full day education conference with specialized workshops and learn tips & tools to help along the caregiving journey! For more information call the 24/7 Helpline 800.272.3900.

SCOSA is an Elite Sponsor of the Conference and we have fourteen Family Caregiver Sponsorships available, allowing complimentary attendance. Please contact us if you'd like a free pass (first-come, first-served). SCOSA is also organizing transportation for Stockton employees only who wish to attend the event. To register as a Family Caregiver or for more information, please contact <a href="mailto:Gina.Maguire@stockton.edu">Gina.Maguire@stockton.edu</a>.

#### New Alzheimer's Association Program:

The Alzheimer's Association, Delaware Valley Chapter aims to improve Alzheimer's patients' care through educating 300 unpaid family caregivers about the care their love ones receive from the primary physician. They will be holding

a session from 6:00pm – 7:30pm, on June 28, 2016 at Royal Suites Healthcare & Rehabilitation Center, 214 W Jimmie Leeds Road, Galloway, NJ 08205. The topic of discussion will be "Conversations about Dementia". To register, call: 800 272 3900.



Some of the older adult programs offered by SCOSA are partially funded under Title III of the Older Americans Act of 1965, as amended, through a grant by the Division of Intergenerational Services, Atlantic County, New Jersey. You may make voluntary donations to SCOSA. Such donations are not a fee and are not required. Any donations received will be used to develop and operate future programs. If you wish to donate directly to SCOSA please make your checks payable to SCOSA and send them to: SCOSA/SOBL, Stockton University, 101 Vera King Farris Drive, Galloway, NJ 08205-9441. Copyright © 2016 Stockton Center on Successful Aging, All rights reserved.



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