



Stockton Center on Successful Aging News & Upcoming Events [SCOSA Website](#)

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SCOSA Summer-Autumn 2014 Older Adult Education Brochure

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News Briefs

SCOSA Featured in Fall 2014 Issue of [Stockton Now](#).

Stockton to Host Public Hearing of NJ Alzheimer's Disease Study Commission: *Examining current issues in NJ Alzheimer's Care*

The Stockton Center on Successful Aging will host a Public Hearing of the New Jersey Alzheimer's Disease Study Commission on Thursday, November 13, 2014 from 2:30 to 4:00pm in the Campus Center Theater. Ample parking is available in the North Lot (corner of Pomona Road & Vera King Farris Drive) with regular shuttle service provided to and from the Campus Center, or park in Lots 2, 3, or 4.

This year, the Commission has heard from some experts in the field and researched 'best practices', but now they want to hear from the public to help prepare a report on findings and recommendations to be shared with the Governor and Legislature. This "listening session" is an opportunity for caregivers and other stakeholders to share ideas and perspectives on what should be included in the New Jersey Alzheimer's Disease Plan. Testimony will be limited to 3 minutes per speaker and to one speaker per organization. For additional information email AlzCommInput@dhs.state.nj.us, or call SCOSA at (609) 652-4311.

SCOSA 2015 Aging Successfully Festival May, 13, 2015

Presented by Others

Women in Hollywood

November 12, 2014 at 2:00pm in Manahawkin Instructional Site (MIS) 712 East Bay Avenue Manahawkin, NJ. Registration is required. Call 609-626-3883.

Makers is a six-part PBS series profiling the impact women have had over the past 50 years in six industries - comedy, politics, space, war, business, and Hollywood. A landmark broadcast and digital-video initiative developed by AOL, MAKERS aims to be the largest and most dynamic collection of women's stories ever assembled. Stockton will screen three of the six films this fall - Women in Space, Women in Comedy and Women in Hollywood. Women in Hollywood showcases the women of showbiz, from the earliest pioneers to

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Upcoming Programs

SCOSA 2014 Hesburgh Lecture

Tuesday, November 18, 2014 4:30pm - 6:00pm
Stockton Campus Center Theatre
101 Vera King Farris Drive, Galloway, NJ

Fresh water is arguably the planet's most imperiled resource, with more than one billion people worldwide lacking access to clean water. Locally, saltwater intrusion and contamination of well-water from past or present agricultural, industrial, or residential activities are growing concerns. How will the environment and human populations deal with this fresh water crisis, and what are possible solutions to ensuring a plentiful supply of clean fresh water for future generations? This issue will be considered on Tuesday, November 18, 2014 from 4:30 pm - 6:00 pm in the Campus Center Theater on Stockton's Galloway, NJ campus.

The session, open to the public, begins with a presentation on **The Global Freshwater Crisis - Challenges and Solutions** by Gary A. Lamberti, Ph.D., Professor and Chair of Biological Sciences at the University of Notre Dame. A panel discussion entitled "Reactions and Implications on the Local, Regional, and National Levels" will follow, moderated by Tait Chirenji, Ph.D., Associate Professor of Environmental Sciences at Stockton College. Invited Panelists include Richard Bizub, Director of Water Programs, Pinelands Preservation Alliance; Patrick Hossay, Ph.D., Associate Professor and Coordinator, Sustainability Studies, Stockton College; and Luke MacDonald, Ph.D., Deputy Director of the John Hopkins University Water Institute.

Lamberti received his doctorate from University of California (Berkeley) in 1983, and has been at Notre Dame since 1989, where he teaches biostatistics, stream ecology, and restoration ecology. He is an aquatic ecologist and environmental scientist whose research focuses on salmon biology, invasive species, wetland conservation, and river restoration. He has authored more than 150 scientific publications, and has edited a book entitled Methods in Stream Ecology. Lamberti is also a past president of the Society for Freshwater Science.

The Hesburgh Lecture, honoring Notre Dame Emeritus President Theodore M. Hesburgh, is co-sponsored by the Notre Dame Club of South Jersey and the Stockton Center on Successful Aging. The lecture and panel are part of Stockton's Global Awareness Week sponsored by the college's Office of Global Awareness. An extensive array of activities, open to the public, is planned for the week. To view the schedule, go to www.stockton.edu and enter "Global Engagement" in the search box. For more information on this and other events of the week please contact [India Karavackas](mailto:India.Karavackas@stockton.edu), Director, Office of Global Engagement, at (609) 652-3537, India.Karavackas@stockton.edu.

Upcoming Older Adult Education Programs

Creative Writing & Color Craft

Thursday, November 6, 2014 12:00pm -2:00pm

Presented by: Diamond Frandsen

Manahawkin Instructional Site (MIS)

712 East Bay Avenue Manahawkin, NJ

Registration is required. Email: Gina.Maquire@stockton.edu or call 609-626-5590.

"Home". What makes it a Home? What brings you home? What does your Home look like? Take part in pre-program creative writing exploring the topic of Home then come to class to share. Relate your words to a color painting experience that visually expresses your idea of Home. A great morning to share with other loved ones, friends or neighbors. Skill Level: Beginner. Material Fee: \$12.00 per student.

Learn & Practice Techniques for Health & Well-Being ... Have Fun While Relaxing Your Body & Mind

Thursdays, November 6, 13, 20, 2014 9:00am - 10:00am

Presented by: Linda Schwartz, Certified Yoga & Meditation Instructor

Galloway Community Services Senior Center

621 W. White Horse Pike, Egg Harbor, NJ 609-568-5073

Register [Online](#) or call 609-626-3591.

Presenter will charge and collect \$5.00 per person per session. No mats needed. Wear comfortable clothing. The practices you learn in the classes consist of experiential exercises and gentle movements including breathing exercises, mindfulness, stress reduction, chair yoga, visualizations, meditation and relaxation.

present-day power players, as they influence the creation of one of the country's biggest commodities: entertainment.
Discussion to follow. Preview [MAKERS](#).

Lunch and Learn: Treatment for Knee Pain

Wednesday, November 19, 2014
12:00pm-1:00pm
Presented by Dr. Fabio Orozco of AtlantiCare
Manahawkin Instructional Site (MIS)
712 East Bay Avenue Manahawkin, NJ
Registration is required. To register call 609-626-3883.
A free informational session. Lunch will be provided.

Take Control of Your Health is a 6-week complimentary, evidence based workshop created by Stanford University that will provide you will tools to help you design your own strategy for managing chronic conditions such as arthritis, heart and lung conditions, anxiety, diabetes, or high blood pressure. Ongoing health conditions affect how you live your life, how you experience your relationships, and how you deal with your emotions. Tuesdays, Jan. 6- Feb. 10, 2015 from 1:00pm - 3:30pm at Egg Harbor Care Center in EHT. Contact Atlantic Prevention Resources (609) 272-0101, ext. 23
or jpilhau@atlprev.org for more information.

Links to Stockton/et al. Events

[Arts & Humanities on Facebook](#)
[Performing Arts Center](#)
[Holocaust Resource Center](#)
[Art Gallery](#)
[Veteran Affairs](#)
[Hughes Center](#)
[BayAtlanticSymphony.org](#)

Through practice you develop a greater sense of self-awareness, learn new movement skills and tools for self-observation and monitoring your well-being.

Healthy Living - The Mind-Body Approach

Friday, November 7, 2014 12:00pm- 1:30pm
Presented by: Doreen L. Greenberg, Ph.D
Manahawkin Instructional Site (MIS)
712 East Bay Avenue Manahawkin, NJ
Registration is required. To register call 609-626-3883.
Join us for a hands-on class in HEALTHY LIVING! The focus of this workshop is lifelong wellness. You will learn about improving health and increasing your sense of well-being via the physical, mental, social, and environmental aspects of wellness. Together we will: explore mind-body health issues, discuss research, experiences and observations, learn skills, strategies, and practice techniques for a healthier life! Some of the topics will include: What Does it Mean to be Healthy?, Stress & Health Coping Strategies for Chronic illness/Pain and Resilience - A Life in Balance.

Time to Create Art - Wool Felted Silk Scarf

Saturday, November 8, 2014 10:30am - 12:30pm
Niki Giberson, Instructor [Flyer](#)
The Noyes Museum of Art of Stockton College
Lily Lake Rd, Oceanville (Galloway).
Call 609.652.8848 to register.
Materials Fee \$45.00 (Collected by Noyes Museum).
Learn the art of placing wool on a silk scarf and felting it into place to make a one of a kind designer accessory using dyed wool & other fibers.

A Tour of Poetry for Seniors

Saturday, November 8, 2014 11:00am - 1:00pm [Flyer](#)
The Otto Bruyns Public Library of Northfield
241 W. Mill Road, Northfield
Register [Online](#) or call 609-626-3591.
Turiya S. Abdur-Raheem, Guest Poet.

Time to Create Art- "Home" Creative Writing & Color Craft

Wednesday, November 12, 2014 10:30am - 12:30pm
Presented by: Diamond Frandsen [Flyer](#)
The Noyes Museum of Art of Stockton College
Lily Lake Road, Oceanville (Galloway)
Call 609.652.8848 to register.
Materials Fee \$17.00 (Collected by Noyes Museum). Bring a story you have written about your ideas of "home" to share with the class, then use it to create a color painting as creative expression to share with family and friends. Level: Beginner.

Time to Create Art - Let's Draw & Paint: Drawing Fundamentals

Wednesday, November 12, 2014 1:30pm - 3:30pm
Presented by: David Rhodes [Flyer](#)
The Noyes Museum of Art of Stockton College
Lily Lake Road, Oceanville (Galloway)
Call 609.652.8848 to register. Fee: \$10.00 (Collected by Noyes).
Learn the basic skills and techniques of drawing by focusing on observational rendering, use of line, shading, mark making, elements of composition, and creativity. Draw from a variety of subjects, build technical skills, and develop personal expression. This class is geared toward mature adults, but all adults are welcome. Basic supplies provided for use of students.

Beginner's Card Making Class

Friday, November 14, 2014 NEW- two sessions: 12:00pm - 1:30pm and 1:30pm - 3:00pm
Presented by: Ann Blazovic & Gina Maguire
Manahawkin Instructional Site (MIS)
712 East Bay Avenue Manahawkin, NJ
Registration is required, MAXIMUM OF 14 PER SESSION.
To register email: Gina.Maguire@stockton.edu or call 609-626-5590. Join us for this free beginner's card making class. You will make greeting cards suitable for sending to your friends and family. This is planned to be a series of classes, so come and enjoy the art of paper crafting.

Time to Create Art - "Home" Creative Writing & Color Craft

Wednesday, November 19, 2014 10:30am - 12:30pm
Presented by: Diamond Frandsen [Flyer](#)
Stockton Kramer Hall, 30 Front St, Hammonton, NJ
Register [Online](#) or Call 609.626.3591.
Materials Fee: \$12.00 (Collected by Instructor). Bring a story you have written about your ideas of "home" to share with the class, then use it to create a color painting as creative expression to share with family and friends. Level: Beginner

SCOSA Event Cancellation Procedure

Check the [Stockton Homepage](#) for campus wide closures. Check the [SCOSA website](#) for SCOSA off-campus event cancellations & rescheduling.