

Mental Health Workshops: 2025-2026

- Stockton University awarded a Mental Health Grant - OSHE
 - ▣ Professional development workshop series - student mental health
- Survey administered to identify areas of need
 - ▣ Nine workshops – post feedback surveys
- 2024-2025 - Three workshops facilitated by the Mental Health Association of New Jersey
- 2025-2026 – Six workshops facilitated by faculty and staff
 - ▣ October 8, 2025- Cultural Considerations and Student Mental Health
 - ▣ October 30, 2025- Traveling with Students: Special Considerations for Mental Health
 - ▣ November 13, 2025- Understanding Substance Use and its Effect on College Students
 - ▣ February 23, 2026- Supporting Students in a Mental Health Crisis
 - ▣ March 16, 2026- Supporting Students on the Autism Spectrum
 - ▣ April 21, 2026- Supporting Students' Mental Health