# **Resources Supporting an Inclusive Workplace**

### **Ombuds Office**

www.stockton.edu/ombuds/ 609-626-6488

Office of Institutional Diversity & Equity www.stockton.edu/diversity/

609-652-4693

Office of Human Resources www.stockton.edu/human-resources/ 609-652-4384

Employee Assistance Program www.stockton.edu/human-resources/eap.html Toll-free, 24-7 helpline: 1-866-327-2400

### **Bias Response Team**

www.stockton.edu/bias-free/

## **OVERCOMING UNCONSCIOUS BIAS**

- We ALL make unconscious assumptions every day.
- Having a bias is not illegal, acting on a bias at work, can be.

## Three Tips to Overcome Unconscious Bias:

Step #1: Frame Your Bias: own it

Step #2: Challenge Your Bias: where do your assumptions come from? Do they align with who you are?

Step #3: Set Your Bias Aside: provide a blind audition and give a fresh start

## **STANDING UP TO BULLYING**

- When bullying shows up, speak up.
  - Keep it calm, keep it clear
- Document everything
  - When?
  - o Where?
  - What happened?
  - Who witnessed it?
- If you witness bullying be an upstander not a bystander

Campus Code of Conduct www.stockton.edu/student-rightsresponsibilities/code-of-conduct.html

Union Contact Info www.stockton.edu/human-resources/laborrelations.html

Safe Zone LGBTQIA+ Workshops www.stockton.edu/wellness-center/wgsc/safezone.html

Green Dot Bystander Intervention Workshops www.stockton.edu/wellness-center/wgsc/greendot.html

Policy Prohibiting Discrimination in the Workplace https://www.stockton.edu/diversity/policys.html

## **EMBRACING DIVERSITY & INCLUSION**

- Diversity is like making the team, inclusion is like playing the game.
- Respect others and listen to what they have to say:
  - Turn OFF your REBUTTAL BRAIN and LISTEN.
  - ASK QUESTIONS:
  - Use the W.E.T. test: "does the idea hold water"
    - How would your idea WORK?
    - Could you give me an EXAMPLE?
    - Can we TEST the idea?

## **PREVENTING HARASSMENT**

- Apply the Guest Filter: adjust what you say and do.
- Be Respectful: with your words and actions and others' personal space.
- It's not the INTENT that matters, it's the IMPACT.