

AtlantiCare Wellness Expert Judith Henninger to Speak about 'Good Food on a Budget'

Free Lunch and Learn Event at Manahawkin Instructional Site April 8

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Galloway, NJ - Stockton University's Manahawkin Instructional Site Hall is partnering with AtlantiCare to host a Lunch and Learn event on **Friday, April 8**, at 10:30 a.m. with Judith Henninger, R.N., a senior wellness specialist at AtlantiCare Health Engagement. Henninger will present, "Good Food on a Budget."

Henninger has over 30 years of experience as a registered nurse and over 26 years as a health and wellness coach. She is a certified holistic life coach and tobacco treatment specialist whose approach balances mind, body and soul.

The free public event will be held at the Manahawkin Instructional Site, 712 E. Bay Ave. A light brunch will be provided.

Anyone interested in attending is asked to call 609-626-3883.

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