

## Stockton Center on Successful Aging Offers Free Seminar to Help Retirees' Relationships

## For Immediate Release

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**Galloway, NJ** – The Stockton Center on Successful Aging will sponsor a free informational seminar titled, *Now We're Retired, You're Getting on My Nerves,* on **Wednesday, June 26, 2013** from 2 p.m. to 3 p.m. at the Galloway Community Services Senior Center, 621 W. White Horse Pike, Egg Harbor City (609-568-5073).

Retirees have a lot more free time, and many couples wonder: "Why isn't our relationship getting better? Why are we getting on each other's nerves?"

Join Marguerite Heaton-Colella, a New Jersey licensed clinical social worker and Certified Dementia Practitioner, to explore why arguments may occur more often between two people once they're both retired, and what they can do about it.

Heaton-Colella, who is currently in private practice in Linwood, has a wide variety of specialized training and experience, including leading groups for family and friends of people with cancer at Gilda's Club of South Jersey.

Visit the SCOSA website for updates and schedule changes <u>www.stockton.edu/scosa</u> or call (609) 626-3591.

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