

Aging Successfully Festival at Stockton Offers Day of Lectures, Workshops, Entertainment

Stockton Center on Successful Aging and Arthritis Foundation Offering Free Admission for May 13 Event and Lunch to First 200 Pre-Registrants

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Galloway Township, NJ- The Stockton Center on Successful Aging (SCOSA) will host its annual Aging Successfully Festival on **Tuesday, May 13, 2014** at The Richard Stockton College of New Jersey.

"Staying Happy and Healthy at Home and in the Community" is the theme of this year's lineup of presentations, which will take place on the college's main Galloway campus in the Campus Center from 9 a.m. to 4 p.m. A variety of topics will be covered including meditation, retirement planning, internet security, fitness, pain management, rheumatology, natural disaster preparation and Alzheimer's disease. Technology and craft-making demonstrations will also be offered throughout the day. Music will be provided by The Lyric Wind Quintet and members of the Stockton Faculty Band.

Dr. David Burdick, SCOSA director, said, "The festival has evolved to become SCOSA's signature event each year, drawing hundreds of guests. Thanks to our festival sponsors and exhibitors, we raise the revenues necessary to support and expand our extensive Older Adult Education program, which includes over 100 programs each year offered in Atlantic, Ocean and Cape May counties."

More than 30 local businesses and organizations will be present to share information, services and door prizes. Exhibitors include: AARP New Jersey, Alzheimer's Association Delaware Valley Chapter, the Arthritis Foundation's Eastern Pennsylvania Chapter, AtlantiCare, Bacharach Institute, Bayada Home Health Care, Caring, Inc., Costco, Depaul Healthcare

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Systems at Absecon Manor, Garden State Medical Supply, Genesis Health Care—Victoria Manor, Hammonton Care Center, HealthSouth Rehabilitation Hospital of Vineland, Heartland Hospice, Holy Redeemer Health System, Money Management International, Our Lady's Multi-Care Center, Primary Housecall Providers, Right at Home, Royale Suites Healthcare and Rehabilitation, Seashore Gardens Without Walls, LLC, Senior Medicare Patrol, South Jersey Geriatric Care, The Shores at Wesley Manor, The Terraces at Seacrest Village & Seacrest Village, Touching Hearts at Home, Village by the Shore, Visiting Angels and Wesley by the Bay.

SCOSA partnered with the Arthritis Foundation's Eastern Pennsylvania chapter, the South Jersey Senior Marketing Group and Village by the Shore: A Jewish Family Service Initiative.

Admission is free, and the first 200 participants to pre-register will receive free lunch. To pre-register, call 215-574-3060 extension 4724 and leave your full name, address and phone number. For more information on SCOSA, visit www.stockton.edu/scosa.