

STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



Sunday Afternoon Brain Training for Older Adults

Presented by Stockton Center on Successful Aging

Free Demonstrations at Stockton College on
November 6, 13, 20 and December 4, 2011

For Immediate Release

Monday, October 24, 2011

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Galloway Twp.-- The Stockton Center on Successful Aging (SCOSA) is offering a free program of computer-based brain training for older adults. The demonstrations, lasting approximately 20 minutes, begin at 1:30pm and are offered on November 6, 13, 20 and December 4, 2011 in the D Wing Computer Lab (D-018) on the Stockton College Main Campus.

The program will be presented by graduating senior Sarah Lewkowitz. Sarah will show older adults how to use the computer program from PositScience.com. Once oriented on how the program works, participants will be free to come to the Stockton Computer Lab at their convenience during normal lab hours to continue to exercise and sharpen their mental abilities. Sarah will be available to assist until 3:30pm on the previously listed dates.

Pre-registration is not required; however, in order to ensure sufficient resources for each session, those planning to attend are asked to visit the SCOSA website www.stockton.edu/scosa and click on the link to register or call SCOSA at 609-626-359 and leave a message.

Additional information and program updates may also be found on the SCOSA website.

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