

## Stockton Center on Successful Aging Presents, "Continue to Live Independently – Aging in Place"

Free Informational Seminar Set for April 10 at Galloway Branch of Atlantic County Library

## For Immediate Release

Tuesday, April 2, 2013

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**Galloway, NJ** – The Stockton Center on Successful Aging will sponsor a free informational seminar, "Continue to Live Independently – Aging in Place" on Wednesday, April 10, 2013 from 10:30 a.m. to 12 noon at the Galloway Township Branch of the Atlantic County Library System, 306 East Jim Leeds Road, Galloway.

"Aging in Place" is the concept of older adults continuing to live in the home of their choice safely and independently. The session will discuss the effects on the person and family members and outlines what services are needed and available.

The session will be presented by Pat Laychock, a Certified Senior Advisor (CSA) who has more than 20 years of experience dealing with the many issues people face when they seek to remain in their homes. She is co-owner and co-director, with her sister, Kathy Callahan, of Visiting Angels Living Assistance Services in Egg Harbor Township. The Visiting Angels service provides assistance with bathing, dressing, meal preparation, light housework, companionship, errands, pet care, medication reminders and many other issues associated with this topic.

The event is open to all interested parties.

For more information on this and other SCOSA events call 609-626-3591 or visit the website, www.stockton.edu/scosa.