

## Stockton Center on Successful Aging Presents Workshop: *Efficiently Independent – Save Energy, Save Money*

Free Event Provides Tips on Reducing Energy Use and Saving Money with Free Winterization Services for Seniors on April 11

## For Immediate Release

Friday, April 06, 2012

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Galloway Twp., NJ -- The Stockton Center on Successful Aging (SCOSA) and NJPIRG's Energy Service Corps at Stockton will offer a free information session on reducing energy use and costs through winterization services on April 11, 2012 at 10:30 am in the Stockton Campus Center, Meeting Room 5, here.

Escalating energy demands and costs, climate change and environmental degradation combined with uncertain financial times are placing increased strain on many older adults. Many seniors struggle to make ends meet on limited/fixed income, often in older and less efficient homes. This workshop will illustrate simple and effective steps to help seniors maintain comfort while they reduce their costs and energy use.

Free weatherization services are available, including customized energy audits of seniors' homes conducted by Stockton Energy Service Corps members. Steps such as caulking windows, replacing incandescent light bulbs with more energy efficient options, and correctly setting thermostats will be recommended following the audit These simple changes can save up to 30 percent on utility bills and greatly reduce the amount of energy used in the home.

For more information and updates visit the SCOSA website at <u>www.stockton.edu/scosa</u> or call 609-626-3591.